



Kidney



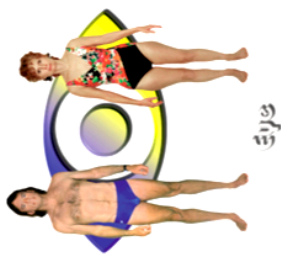
Balanced



Blood



Brain



Eye



Gallbladder



Ovarial



Heart



Hypothalamus



Intestinal



Kidney



Liver



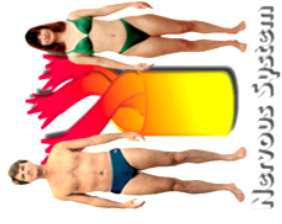
Lung



Lymph



Ribcage



Nervous System



Pancreas



Physical



Pituitary



Skin



Spleen



Stomach



Thalamus



Thymus










Thyroid









## DOMINANT TRAITS

One of the ways of determining your core issues is by looking at the emotion stored in the gland, organ, or system that relates to your dominant gland or body type. The 25 body types<sup>6</sup> can be divided into 4 quadrants based on their dominant traits.









### PHYSICAL / MENTAL

-  Adrenal
-  Lymph
-  Medulla
-  Nervous System
-  Spleen
-  Stomach
-  Thymus



### SPIRITUAL / MENTAL

-  Balanced
-  Brain
-  Eye
-  Hypothalamus
-  Pineal
-  Pituitary
-  Thalamus
-  Thyroid

### PHYSICAL / EMOTIONAL

-  Blood
-  Gallbladder
-  Gonadal
-  Kidney
-  Liver
-  Lung
-  Pancreas
-  Skin

### SPIRITUAL / EMOTIONAL

-  Heart
-  Intestinal

<sup>6</sup> *Different Bodies, Different Diets* with the 25 Body Type System™ by Carolyn L. Mein, D.C. 1998