

## REDUCING FEAR AND PHOBIA

Use a muscle testing to discover what is stressing the person. Test also in chronic and acute mode. (See our training videos) To remove anxiety and phobia, pause-lock the acute and chronic points, then speak the affirmation written below with meaning and a genuine desire, then activate spinal energy with an energy source such as a Nikken® magnet. \*The word “God”, can be substituted with ,“Universe, Source, Allah, Jesus” or other divine name.

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Associated with my phobia to \_\_\_\_\_, there is one or more single fundamental core emotions on all dimensions, levels, layers and depths to infinity and beyond, all time frames, all bodies and minds, all generations and past inheritance, involving any of the following related imbalances in every combination from hidden, backed up and chronic, that has a single thread going down to the core of my being, my chromosomes and my DNA, distorting my chromosomes and DNA strands in my master cell in my pineal gland.

I bind the causes and hidden causes of my phobia to \_\_\_\_\_, into this one repair now. I forgive and love everyone involved, including myself and I release this bound imbalance all the way down to my DNA level and replace it with divine love and total forgiveness. Thank you \**God* for activating my designer gene and installing the perfect blueprint for making my body and soul, whole and complete again. Thank you \**God* for bringing my whole authentic body and soul to it's full potential and highest vibration without blowing a fuse, and doing this at the cellular level, my DNA, sub-cellular particles and beyond, to bring them into perfect alignment with one another for the highest good of manifesting my total being and expression in this lifetime on the physical, chemical, spiritual and emotional levels in this time and place called here and now. I am in total acceptance of myself and completely gratefulness of who I am. I extend this healing to all of my past, present and all of my future. I command that my bodies, organs, glands systems, genes and tissues are back in alliance with each other and with my soul and spirit.

I command that the entire DNA, energy fields, echoes and personal matrix in my cells follow this new standard now. I command the vibration from the embryonic stem cells to be sent to my healthy cells. I accept all of these new changes into my life now and have complete body awareness on this healing now.